

N.S.PUBLIC SCHOOL, JAHANGIRPUR

CLASS – VII

INSTRUCTIONS FOR STUDENTS DURING SUMMER VACATION

1. Wake up/Leave your bed till 7.00 am.
2. Touch feet your elders like your grandparents, Parents, Uncle, Aunty and your elder brother/sister.
3. Drink a glass of water.
4. Get fresh and do YOGA at least for 30 minutes.
5. After bath worship God and Goddess at your home's temple.
6. Do your holiday homework daily.
7. Help your parents at your home in their work.
8. You can watch television but avoid using mobile phones completely.
9. Drink lots of water, Lemonade Lassi, Sharbat and Milk Shakes and say no to cold-drink.
10. Cover your head while going outside, wear Sunglasses apply sunscreen lotion.
11. Make a trip Such as Zoo , Cinema , Hill Station etc .

HOLIDAY HOMEWORK

- HINDI** – 1. प्रतिदिन 1 पेज सुलेख लिखो । 2. कोई एक स्वरचित कविता तथा कहानी लिखिए ।
3. अपने परिवार के सदस्यों के विषय में कोई एक निबंध लिखें ।
- ENGLISH** – 1. Write one page daily English writing .
2. Draw a poem with pictures on chart from your book .
3. Draw types of nouns on Chart with examples and Pictures.
4. Write an essay about . How you have spend your Holidays.
- MATH** – 1. Draw metric system of unit in chart paper .
2. Do Maths Activity Page no -11 and Page no 83 .
3. Revise all work done in rough note book .
- SCIENCE** – 1. Draw a labeled Any one chart from your Science book .
2. Collect picture of 10 food items which you get from plant and paste them in project file .
3. Read and understand chapter 1 ,2 and 3 and make ten extra question from each chapter.
- S.S.T** – 1. On the outline map of India , locate and shade the extent of Palas , Patihara and Rashtrakutas .
2. Make a cart showing the duration of the reign of each of the important dynasties that ruled over Delhi and the monument build by them .
3. Collect pictures of the monuments of medieval India and make a scrapbook .
4. Prepare a report on “ How your environment has changed in the past fifty years “ ?
5. Collect information about various human activities which bring and paste in your scrapbook .
6. Collect newspaper and paste cutting of the Jan Lokpal Bill issues and paste them in your scrapbook.
7. Prepare a chart showing the relationship between Market and Consumers.
- COMPUTER** – 1. Collect information on the given topics and create a Power Point Presentation . send it on 01.anshulsharma@gmail.com .
A.Decimal Number System b. Binary Number System
c. Octal Number System d. Hexadecimal Number system .
2. Search on the internet for different antivirus software available .Create a Power Point document containing the above information . Send it on .
3. Make a presentation on ‘ Types of cybercrime all over world ‘ . Explain at least ten cybercrimes in detail which adversity affects the world.

The school will be reopen on 3rd July 2023

HAPPY SUMMER VACATION